

A Rare Case of Vaginal Delivery of Full Term Conjoined Twins

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Twins is not uncommon phenomenon but conjoined twins are indeed a rarity since the event occurs only once in 50,000 to 1,00,000 births. The incidence of spontaneous births in full term conjoined twins of good foetal weight is even rarer. Here we are reporting a case of vaginal delivery of thoracophagus double monster, a variety of symmetrical disomata.



Fig I

Mrs. B, a 25 years old 2nd gravida with full term pregnancy presented as a case of obstructed labour. The patient, a villager had been handled by dais and after unsuccessful attempts at delivery was brought to us. She had never attended any antenatal clinic. On examination, head and trunk of one baby was lying outside the vagina and the hand of other baby was also coming out of vagina. Her G.C. was fair with pulse-130/min and B.P. - 110/70mm of Hg. Her Hb. Was 6gm%. So, after arranging for one unit of blood, she was taken for delivery under general anaesthesia with consent for LSCS, if needed.

On P/V examination, her cervix was fully dilated but the diagnosis of conjoined twins was made only after delivery! With difficulty, vaginal delivery was performed and dead born conjoined twins, joined at thoracic region, both males, of weight 5kg were delivered (Fig. 1). The patient had uneventful recovery.